

Command Cards Set 1

sit	jump
hop	run
sing	hum
skip	stand
jog	march
nod	tap

Once a child was beginning to read, Maria Montessori liked to give the child small slips of paper with one word commands. This led the child to purposeful movement as they followed the commands on the cards. After they had mastered the one word commands, they could try short phrases.

Command Cards Set 2

wiggle your arm	cough out loud
open a book	giggle softly
draw a picture	write your name
hop in a circle	toss a ball
wave to a friend	sweep the floor
pour a drink	wipe a table

Instructions: print on cardstock, laminate, and cut cards out. If desired, you can make small booklets by combining one set of cards and punching a hole at the left side of each, then joining them with a ribbon or ring. Let the child follow one command before coming back and reading the next one.